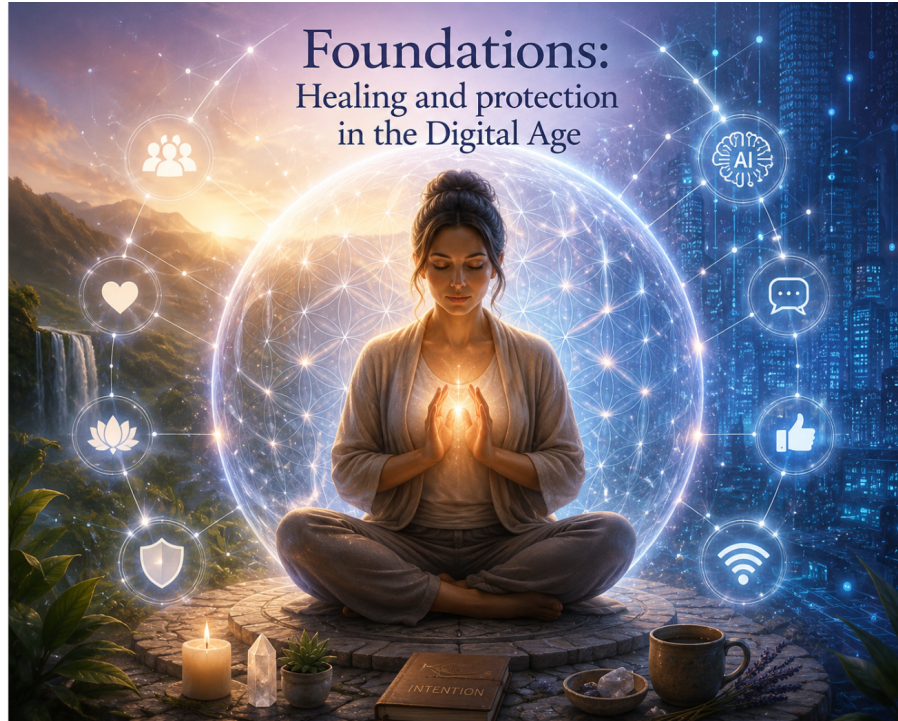




Foundations: Healing and protection in the Digital Age

When: Saturday, March 6, 2027 -10:00am to 5:00pm CST

Where: Zoom

Technology is transforming the world — and the healing path with it. This one-day Zoom class explores what that means for practitioners and seekers alike. We'll look honestly at social media and AI: their impact on our energy, our clients, and our communities — and how to stay protected and resourced as we move through it. Available as a standalone class or as a prerequisite for the two-day in-person practicum.

Prerequisites: A solid internet connection and Shamanic journeying skills: The ability to communicate with and receive messages from helping spirits is essential for this workshop.

Deposit: \$50 (Deposit can be made via credit card, check or zelle)

Total class Fee: \$200 (Payments can be made via credit card, check or zelle). The remainder of the class balance (\$150) should be paid no later than 3/5/27.

To register: contact Nathaniel Ruck (nathaniel@theancientwillow.com)

Cancellation:

A full refund will be given for the following reasons:

- You notify Nathaniel of the need to cancel prior to March 2, 2027
- A large scale internet outage prevents the class from happening
- The instructor needs to cancel class due to unforeseen circumstances

If you need to cancel after March 5, 2027 you will forfeit your deposit

Questions: Please contact Nathaniel: Nathaniel Ruck (nathaniel@theancientwillow.com)



Your technology guide: Nathaniel Ruck



During the summer of 1984, Nathaniel got his first computer. The next years found him teaching himself how to program, learning all he could and pursuing a career in Information Technology. With over 40 years of IT experience, Nathaniel was a part of the internet growing, the first virus attacks, the evolution of cybersecurity and social media. Fifteen years ago, Nathaniel answered the call to be a shamanic healer. He currently practices out of his home in rural Waunakee, WI, where he holds space with his wife Laurie and their four cats. Nathaniel holds a Bachelor of Science in Computer Science from UW-Madison and an MBA from Edgewood University in Madison, WI.

